

you pour it on a cut. With vitamin C, the Fenton's reaction creates the most reactive oxidizing agents science has ever identified. As a result, they're able to radically upregulate oxidative stress, which destroys the virus.

What's exciting about vitamin C is that it works on all viruses and all of their various mutations. So if Ebola becomes airborne, the treatment is the same.

It's also important to remember that Ebola is doing most of its damage in countries with very deficient nutrition. It's possible Ebola can survive only in a nutrient-deficient environment, much like scurvy. So keeping your immune system strong will go a long way toward keeping the virus at bay. Taking a high-quality multivitamin like [Healthy Resolve](#) will give you vitamin C and many other nutrients that can fight the virus.

But should Ebola break out in the U.S., and should you contract it (two highly unlikely events), make sure you have a doctor who can administer high-dose IV vitamin C. It could save your life.

Your Insider for Better Health,



Steve Kroening

Source:

http://www.naturalhealth365.com/natural_cures/ebola-virus-thomas-levy-1095.html#sthash.HuFKTLJ1.dpuf



Steve Kroening is the editor of *Nutrient Insider*, a twice-a-week email newsletter that brings you the latest healing breakthroughs from the world of nutrition and dietary supplements. For over 20 years, Steve has worked hand-in-hand with some of the nation's top doctors, including Drs. Robert Rowen, Frank Shallenberger, Nan Fuchs, William Campbell Douglass, and best-selling author James Balch. Steve is the author of the book *Practical Guide to Home Remedies*. As a health journalist, Steve's articles have appeared in countless magazines, blogs, and websites.

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